



## *From The Principal's Diary*

Dear Readers

At the outset, wish you all very safe and healthy life ! In the last one year what lesson we have learnt is, 'health is wealth' and we have to protect our lives in the best manner possible. All of us have been trying our best by following the Corona protocols and safety means of SMS i.e. sanitise, mask & social (physical) distancing.

Friends, the year will go in the history of this century as the year of great devastation, equally bad as the two world wars in the last century and an opportunity for human beings to introspect, retrospect and correct their own behaviour in terms of damage what we did to the NATURE! Lets learn something and correct ourselves in our actions, behaviour and every aspect of our life!

Coming to education the year seems to be the 'Lost Year' in the very development stage of children. They went deprived of the emotional support, the social etiquettes, the social behaviour, understanding the dynamics and being adjustable with the surroundings, all that they learn at schools & colleges. Chalk and Talk was replaced by black screen & white board with all technical tools. The teacher students could meet on virtual platform vide Zoom, Google or Microsoft. The new teaching preparation and content delivery mechanism was now PPTS, Video and Virtual meets.

Looking back at the last 10 months, I feel we have coped up with the situation, if not fully and truly qualitatively, at least to the extent that formation of student groups on whats app and communication through videos is considered. Yet, there cannot be complacency. Teachers need to continuously update themselves to meet the demands of 21st century students and its not just the students but also the teachers who need to update their skills. The beginning is done...!

The question today is whats the future ? In this complex and full of uncertain situation, we have to be just patient and continue doing our work. In fact, this is the time for investment into new ventures, full of creativity, learning new skills and doing something new. It is said that 'the wise will ride the tide, the fool will drown! Let's be wise enough to turn this 'minus into plus' by igniting our own mind, by using our latest resources. Change is the essence of life and if we do not change, life will change us; but not on our terms.

So dear friends, lets accept the challenges of New Era, and mold ourselves to fit into it properly. We can change if we choose to change and Grow with time....  
Happy life adjustments.

Thank you.

for fresher, and Curriculum Vitae is for experienced person. He had explained the structure of resume. Good resume must have all the correct details. He had also explained that before sending CV to any company, one should check it thoroughly. He said that there are two types of CV Regular and Customized. He answered many doubts raised by the students about Resume. He then started the session about communication skills. He stressed weightage on spoken words, body language, voice modulation, observation, tone of a speaker etc.

### Session 3: Strategies for stress management and Coping with uncertainties.

Mrs. Priya Sawant

(M. Sc. Chemistry, Industrial Psychology and Clinical psychology)

Miss. Dhvani Babaria gave a brief introduction of Mrs. Priya Sawant.

Mrs. Priya Sawant elaborated the meaning of uncertainty. She stressed on importance of 5 VIP's that is work, family, friends, health, spirit. She gave tips to face stress of covid-19 To be informed, have a routine work, eat healthy food, allocation of time etc. She told that try to learn new things in this free time, pay attention to elderly people. She explained behavioral pattern study. She had asked students to

follow FCLR. Where  
F stands for Focusing and controlling those things that are under our control  
C stands for Challenging your need for certainty.

L stands for Learn to better tolerate situation  
R stands for Reducing your anxiety and stress.

She gave an example of 3 utensils egg, potato and coffee powder. Where we shall be like coffee powder to handle any type of situation. She had explained ABC strategy that is awareness, balance and control. She encouraged students to do SWO Tanalysis. She had explained ways to maintain self-care and Chemicals that makes human happy. She explained that stress is an individual's response to pressure. She elaborated technique of black colour and inhale - exhale gradually to avoid stress. She gave a motivational quotation that

"Life is beautiful, learn from yesterday, live for today, and hope for tomorrow"

Mr. Prince Dharamshi proposed vote of thanks for the Webinar. Webinar was ended with National Anthem

More than 50 students participated in this webinar from Self Financing Department.

## One Day Webinar

in association with

## Financial Planning Academy, Mumbai

- Accountancy & Commerce Department

A Webinar on 'Career in Financial Planning' was organized on 22/6/2020 at 5.00 p.m. in association with Financial Planning Academy, Mumbai. Ms. Yukti Gada, Certified Financial Planner was Resource Person for webinar. She explained in detail about importance, necessity and usefulness of Financial Planning for Individuals and Institutions in her presentation.

Dr. Satish Pharate welcomed all the dignitaries and attendees for the webinar. He also introduced the guest speaker.

Dr. Vaidehi Daptardar, Principal of the Adarsh

College welcomed and passed her opening remarks about organization of webinar.

Mr. Vishal Gada, Director of Financial Planning Academy, explained about his institution and importance of such webinar.

Dr. Satish Pharate of Accountancy Department of Adarsh College has done overall coordination for the webinar. More than 100 participants have joined for this online webinar.

Dr. Satish Pharate  
Accountancy Department

## Five Days Student Development Program

organized in association with  
**Forum of Free Enterprise**

Self Financing Department

Day one of the Web Series was started with photographs display of different programs organized by our college, inclusive of different activities, Prize Distribution Ceremony, Silver jubilee sports tournament and different programs, visits of Eminent Personalities.

Welcome speech was given by Mrs. Shreyata Shenoy, followed with the motivational video praying to the Almighty. Inaugural speech was given by Principal Dr. Vaidehi Daptardar. She told the Importance of KAASH in digital life where K means knowledge, A means Attitude, A means Abilities, S means Skills, H stands for Habits. It was followed with speech from Mr. Rambhau Patkar one of the trustee, followed with the Speech by Mrs. Swati Kapadia, CEO of Forum of Free Enterprise. She mentioned that after 1991 LPG, Forum is working for social networking and youth through various programs like leadership campaigns, articles published. She also told that Digital skills are at the forefront. Mrs. Shreyata Shenoy briefly introduced Dr. Vijay Joshi.

**Session of the day: Speaker - Dr. Vijay Joshi**  
(Chief Consultant, RUSA)

**Topic - Employability and Digital Skills**

Our guest speaker Dr. Vijay Joshi gave us wonderful insight on knowledge for Employability and Digital Skills. Sir had an opinion that India is going to be super work power in future. He told that everything is changing around us very quickly. Sir explained about Pandemics of 20th century like Spanish flu, Asian flu, AIDS, Swine Flu, West African Ebola, Zika virus, Smallpox and Polio. Sir gave an example of a girl taking her father riding on bicycle in a village. Sir said that literate will not be who can read and write, but literate is a person "who learns to unlearn". He also explained about two types of people in this world Techno optimist and Techno pessimist.

Sir explained the concept of Generation Z, Gig Economy, Cashless India, Culture of Innovation. Sir also talked about computer revolution. His opinion was that Technology is a greatest gift of god after gift of life. It is the mother of Civilization of Arts and Science. He gave example of Ray Kurzweil future predictor, whose 99% of the predictions have come true. Sir explained Disruptive exponential Technologies usage in the market. Sir had an opinion that Patience has gone from

youth. Sir told that when you start teaching you retire as a teacher. He also told that 101 days up-skilling is required in every 3 years. Discussion on different future jobs were also done. People are dependent on India for making the innovations. He explained about 21st century skills to be adopted by people.

A) Learning & Innovation Skills. B) Information & Media Skill. C) Life & Career Skills. D) Survival Skills.

Sir told that Technology changes every 120 days in the world. So in order to keep oneself updated with technology Sir gave Lifelong learning Mantra "Up-skilling continuously is the key". He also explained the concept of ATMANIRBHAR BHARAT, Make in India, vocal for local. Sir told that rural areas people are more innovative in nature. We shall share the technology to others not necessary to own it.

The session was followed by Question Answer Session. Vote of thanks were given by Mrs Shreyata Shenoy and a video of case study on Lloyd companies was shared in webinar group for 2nd day's topic "Skills to Succeed in the Digital Era".

**Report of Web Series - Day II**

Day two of the Web Series was started with a motivational story of a 24 years old blind boy Mr. Srikant Bola. This story messaged very clearly that if a person has strong determination no one can stop him.

Mr. Sachin Dedhia briefly introduced Mr. Raghav Narasalay.

**Session of the day: Speaker - Mr. Raghav Narasalay**  
(Managing Director, Accenture Research)

**Topic - Skills to Succeed in the Digital Era.**

Our guest speaker Mr. Raghav Narasalay gave us wonderful insight on knowledge for Skills to Succeed in the Digital Era. Sir started with definition of digital era that a time period during which digital technologies are deeply influencing What, Where and how is Digitalization.

Freedom to do the work anytime, anywhere and do not require anything carried by the person. He gave the reference of Great Indian Factory: A Case Study of LLOYD in Rajasthan which is an example of complete digitalization starting from its roof which covered entirely by solar panels. All the work is done with the help of machines with great efficiency and creativity



with huge level of production collaborating few man power. According to him before 10 years everyone was think about 'How' and now everyone thinks about 'Experience'. He mentioned that the ability to use ones' knowledge effectively and readily in excellent performance. Both knowledge and ability that enables a person to do something well. He stressed on execution of knowledge into skills. He mentioned that Skills are not only in the subject of Science but in every subject. Skills are broadly categorized four types:

1. Soft Skills.
2. Business Skills.
3. Value Building Skills
4. Human+Machine Skills

He explained all these skills with the help of Skills to Succeed Matrix in Pre-Digital Era and Digital Era. He mentioned that Soft Skills are very important in both pre digital era digital era. Business Skills now converted from problem solving in pre digital era to data driven problem solving in digital era. Value Building Skills are supreme in both era without this skill a person is zero. Human + Machine Skills were very less in existence in pre digital era but today it becomes most important. In large manufacturing unit collaboration of man & machine is very important.

The session was followed by Question Answer Session.

### Report of Web Series - Day III

Day three of the Web Series was stated with a motivational video which give message that we should accept new changes and positivity for accepting innovations should be there as shown by Apple company.

Principal Dr. Vaidehi Daptardar briefly introduced Dr. P. B. Vidyasagar.

**Session of the Day: Speaker - Dr. P. B. Vidyasagar**  
(Ex.VC, SRTMU, Nanded)

### Topic - Essentials of Career Development

Sir gave us valuable information on career development. Sir guided us to sit down and introspect yourself, your family background, economic background, social conditions does not matter.

What student learnt is important. Forget the past and start a fresh. Don't do rote learning, understanding the concept is important. You can read, write, speak but you cannot do it practically. Career choice is influenced by parents. If you want to start business start it at early age. Students can have three to four choices in Career but it should not be more. You should try to acquire skills or abilities like Professionalism, Communication, Problem Solving, Organizing, Team Work and Planning. You must have logical thinking to solve the problem. He has given example of Dr. Mashelkar, Dr. Mashelkar said when two Japanese come together it is  $1+1=11$  and not  $1+1=2$ , whereas in India it is  $1-1=0$ . He guided on try to work as a Team

Leader or Team Member. Now a day's credit given to Team. He explained the specific areas in which career can be done such as Data Analysing, Investigation, Research, Time Management, Decision Making, and Leadership. He explained the opportunities available in areas such as Airlines, Data Scientist, Production Manager, Quality Analysts, Content Writer, Anchor, Animator, Special educator, Career Counsellor, School Teacher, and Graphic Designer etc. He explained the procedure about how to choose a career.

He advices to choose an untrodden path, path which is not common.

He gave examples of :- King Shivaji – Ganimi Kava, his own path 2. Tanaji – To climb on fort Sinhagad 3. Swami Vivekananda – My brothers and sisters, a different way of addressing people instead of addressing Ladies and Gentlemen.

The session was followed by Question Answers.

### Report of Web Series - Day IV

The session began with a motivational video and a brief recap of day 3. Mr. Harshad Shete briefly introduced the speaker.

**Speakers - Mr. L. Ravi (GM, BPCL) & Mr. Arvindam Bhakta (AM, BPCL)**

### Topic - Preparation beyond the Classroom

Mr. L. Ravi started his session with questions and facts about people's academic performance and Attitudes, factual information and cognitive skills.

The most important words he stressed about was 'Perception' and 'Impact' and also how impact can help yourselves to stand out? He explained how one can make impact by developing interest or take a leverage of skills and hobbies, by community service, having a positive influence and taking leadership positions. Mr. L. Ravi said he always believe in one thing i.e. defining a problem is a big problem, so one should always look for solution. He also talked about how leaders take initiative and initiative creates leaders and how people will respect and recognize if people are more communicative. He also said about making a long term commitment by involving yourself and also emphasized about quality comes in over quantity. Mr. L. Ravi also talked about how to create connection beyond classroom by giving operation home front projects in which students can interact with parents, community etc. The most important aspect he talked about was 4C's in self-development i.e. Critical thinking, Collaboration, Communication and Creativity. He emphasized on to develop collaboration as a value and skill set and importance of information accuracy. He also gave insights of practicing tolerance, identifying strength and weakness and the qualities that organizations look for i.e. Aspiration and Engagement.

He concluded the importance of perception, impact, 4C's and practicing communication and collaboration.

Our next speaker Mr. Arvindam Bhakta started his session with the importance of professional social skills i.e. Interpersonal skills, emotional expression, feedback, constructive criticism and being on time. He also talked about how one can boost qualities required during colleges like reading, learning MS office etc. He also explained about body language, adapting postures and improving fluency in the language and the importance of making communication a two-way process and learn to listen-listen to answer and not to react. He also talked about accessing and analyzing information. He emphasized the importance of agility and adaptability, societal and cultural awareness. He gave insights on cultivating hobbies into profession and also on 21st century skills i.e. cognitive skills (foundational literacy), competencies and character qualities. He talked about understanding the unprecedented pace of change within disciplines, specialized techniques become outdated and the ability to cope up with change, the capacity for critical thought have a far more lasting value. He also said individuals can achieve success in tough times through 1) Agility 2) Skilling 3) Resilience.

He concluded with the importance of professional skills, cultivating hobbies into profession and adaptability. The session was followed by Question and answers.

**Vote of thanks:** Mr. Harshad Shete expressed gratitude to the guest speakers, Dr. Vaidehi Daptardar madam, Management of Adarsh college, Ms. Sayali Daptardar Madam for technical support.

#### Report of Web Series - Day V

**Speaker Chief Guest – Dr. Swati Salunkhe, Career Counsellor**

**Valedictory Guest – Dr. Vinod Patil, Director, Examination & Evaluation, University of Mumbai**

The Session started with the warm welcome of the chief guest and all the participants by Principal Dr. Vaidehi Daptardar. This continued with the motivational video and are cap of Day 4 by Asst. Prof. Dhvani Babaria. In the recap, she mentioned regarding all the speakers from day 1 to day 4 and the respective guidance they have provided. Introduction of valedictory guest Dr. Vinod Patil was done by Asst. Prof. Sachin Dedhia.

Dr. Vinod Patil mentioned about the technology being taking place at priority in day to day life. He explained that every student should learn new technology to grab the job opportunities. He thanked Principal for inviting him in the webinar.

Ms. Dhvani introduced the chief guest and speaker of Dr. Swati Salunkhe. Dr. Swati Salunkhe

started with the importance of sustaining the pandemic situation. She first introduced her career counselling start up ie Growth Centre Pvt Ltd which has become now a most growing firm. She mentioned about the worst hit sectors such as hospitality, tourism, Real Estate etc and Sunrise or Upcoming sectors such as Analytics, Health care, Organic farming, pharmaceuticals, etc. She explained regarding employability which is a combination of set of skills, knowledge, understanding the business with all perspective and personal attributes. The essential aspects to become employable are professional skills & personal skills. Professional skills such as technology skills, academic knowledge and application of concepts. Personal skills such as appropriate personality, soft skills and thinking skills.

She emphasized on the reality of the situation of job opportunity post pandemic situation which needs to be accepted and be prepared for all situations. This was explained how the evolution of employee has taken place from past generation to current corporate sector where employees need to work 24/7. Hence reality is far different from expectations.

She later explained what all things students need to do as below;

1. Upgrade with relevant online courses.
2. Look for internships.
3. Strengthen the soft skills.
4. Not to be choosy about profile and salary
5. Be prepared to work online
6. Never give up

Students need to be prepared for working effectively from home. Always keep away from negative thoughts during such situation, stay away from online games or movies. Instead students should take care of their personal well being. They should make the mselveself - sufficient & independent. They should update themselves & overcome their background. Next session was continued by question and answer session taken by Ms. Dhvani which was wonderfully answered by Dr. Swati Salunkhe.

#### Valedictory Session

The session was taken over by Ms. Dhvani. She expressed her gratitude to Dr. Swati Salunkhe, Dr. Vinod Patil, Mrs. Swati Kapadia and all the speakers from day 1 to day 4. She also thanked Principal Dr. Vaidehi Daptardar, Ms. Sayali Daptardar madam and all teaching and non-teaching staff. She specially expressed gratitude to all the participants of the webinar.

Ms. Sayali Daptardar madam displayed a video of the wonderful overwhelming responses received from many participants.



Staff Academic Forum of Adarsh College  
in association with Rashtriya Samaj Vidnyan Parishad, Maharashtra  
1) Chinese Aggression : Facts and Focus



In collaboration with RSVP, Adarsh College of Arts and Commerce organised a webinar on 'Chinese Aggression : Facts and Focus'. A well known economist Mr. Chandrashekhar Tilak was the speaker for this first state level talk organised by RSVP & Adarsh College.

In her introductory notes Dr. Vaidehi Daptardar principal, Adarsh College brought forward the objectives of RSVP as 'Re-orienting, Restructuring and Rejuvenating Indian social sciences to suit Indian values and culture. She explained need of organising a speech on such a controversial yet relevant current issue like Chinese Aggression in present scenario.

Dr. Manasi Gore gave a brief but very concise introduction of Mr. Chandrashekhar Tilak. A well known economist, a proficient orator and an eminent writer Tilak really contributed a lot to the fields of economics and literature.

In his speech, Mr. Tilak examined the issues of Chinese aggression from different angles. He analysed why in recent years India became the main rival or opponent of China. He justified his claim by giving different examples & putting forward authentic facts and figures. In his speech, he analysed border issues, economic issues which are major reasons of conflict between China and India. This speech was the great mixture of quotations, Chinese and marathi proverbs, marathi poems and the suitable examples which really gave the required depth to make his speech effective.

## २) भगवद्गीता एक आदर्श ग्रंथ

- डॉ. हरिप्रसाद सोमानी



आदर्श विद्या प्रसारक संस्थेच्या आदर्श कला व वाणिज्य महाविद्यालय कुळगाव-बदलापूर आणि महाराष्ट्र विभाग राष्ट्रीय समाज विज्ञान परिषद विभाग महाराष्ट्र यांच्या संयुक्त विद्यमाने दि. १९ जुलै २०२० रोजी ऑनलाईन पद्धतीने एका विशेष व्याख्यानाचे आयोजन करून 'आजच्या जगात भगवद्गीतेचे महत्व' या विषयावर डॉ. हरिप्रसाद सोमानी यांना प्रमुख व्याख्याते म्हणून बोलाविण्यात आले होते.

भारतीय तत्त्वज्ञान बऱ्याच गोष्टींच्या समस्यांचे निराकरण करण्यात यशस्वी ठरले आहे. त्यामुळे भगवद्गीतेच्या माध्यमातून केवळ स्थितप्रज्ञ म्हणजे शांतताच निर्माण होत नाही तर समाधान निर्माण होऊन प्रत्येक समस्यांना सामोरे जाण्याची सामर्थ्य निर्माण होते. यामुळे या विचार आणि तत्त्वज्ञान आत्मसात करण्याची गरज रवऱ्या अर्थाने निर्माण झाली आहे. पाश्चात्य विचार आणि तत्त्वज्ञान यांचे संशोधन करण्याची गरज आज निर्माण झाली आहे.

भगवद्गीतेचे महत्त्व सांगताना, एका १० वर्षांच्या वयोवृद्ध गृहस्थांच्या अंतिम क्षणीची गोष्ट सांगून प्रॉपर्टीच्या नावाखाली बऱ्याच गोष्टींचा विसर पडतो आणि आपल्या जवळ ज्या चांगल्या गोष्टी आहेत त्या घालवून बसतो. म्हणून जुन्या परंतु चांगल्या गोष्टींचा वारसा लागणार आहे. काही दिवसानंतर आपल्याला याची खंत वाटता कामा नये. काही लोकांनी भगवद्गीता समजून घेण्यासाठी आपले जीवन अर्पण केलं. असे सांगून, मी किनाऱ्यावर आहे. मला समजलं ते तुम्हाला सांगण्याचा प्रयत्न करत आहे, असे सांगून जगात अनेक धर्मग्रंथ आहेत, अनेक धर्म आहेत, अनेक धर्मांमध्ये नीतिमत्ता प्रेम, कर्तव्य, श्रद्धा हे शिकवले जातात, परंतु भगवद्गीता या गोष्टी बरोबरच आजच्या जमान्याच्या फिजिक्स, बायोलॉजी, एस्ट्रोलॉजी यासाठी भगवद्गीता कशी सूट होते यावर विवेचन केले.

जेव्हा कधी जीवनात अंधार येईल, काही सुचत नसेल आशेचे किरण बाकी आहे, मानसिक स्थिती आहे डिप्रेशन ही एक मानसिक स्थिती आहे म्हणून रोज एक श्लोक वाचा असे सांगितले.

## मातृदिन दिन २०२०

या सोहळ्याची सुरुवात कोविड १९ च्या युद्धात सहभागी झालेल्या कोविड वॉरियर्स यांना एका स्फूर्तिगीताने श्रध्दांजली वाहून झाली.

सी. ए. मनीषा कुपेरकर यांनी महाविद्यालयाचा पंचवीस वर्षाचा चढता आलेख सर्व रसिक श्रोत्यांपुढे मांडला. तर महाविद्यालयाच्या प्राचार्या डॉ. वैदेही दप्तरदार यांनी रौप्य महोत्सवाची संकल्पना मांडतांना "युवाशक्ती हीच राष्ट्रशक्ती" हे ध्येय निश्चित करून 'पंचसूत्रीवर आधारित सर्वांगीण विकासासाठी कार्यक्रम महाविद्यालयाने कसे आखले होते हे सांगून बदलापूरचे शांती निकेतन म्हणजे आदर्श विद्यालय.' निसर्गरम्य अशा शारदेच्या भारावलेल्या वातावरणात आम्ही भारतीय मूल्य जपणारे कार्यक्रम घेत असतो. मातृदिन हा असा मूल्य जपणारा कार्यक्रम असून या निमित्ताने "मांडीवरचे विद्यापीठ" प्रत्येक घराघरांमध्ये निर्माण करता येईल यासाठीचा हा प्रयत्न आहे. अशी भावना व्यक्त करून मातेच्या कष्टाची जाणीव ठेवली पाहिजे. असे सांगितले.

मातृदिन सोहळ्याच्या प्रमुख पाहुण्या सुप्रसिध्द वृत्तनिवेदिका मा. श्रीमती दिपाली केळकर यांनी या प्रसंगी

बोलतांना, बदलापूरमध्ये अतिशय असा मानाचा व दर्जेदार सोहळा आदर्श महाविद्यालयात सातत्याने गेली १३ वर्ष साजरा होत आहे. या सोहळ्यात मातृरंग हा कार्यक्रम सादर करण्याची मला संधी दिली. त्याबद्दल मी मा. प्राचार्यांचे आभार मानते. "मातृदेवो भव!" "जिच्या हाती पाळ्याची दोरी तिच जगाची उध्दारी," "संस्कारक्षम घडविण्याचे काम हे आईचं असते." असं सांगून जीवनातील आईचे महत्व सविस्तर विशद केले. त्यात काहीही केले तरी आईचे उपकार फेडू शकत नाही असे सांगून अनेक मराठी कवींच्या कविता उद्धृत करून हिंदी व मराठी चित्रपटातील "आई" बद्दलच्या विविध भूमिका पटवून दिल्या. आईची विविध रूपे या निमित्ताने श्रीमती दिपाली केळकर यांनी आपल्या मधुर वाणीने सर्वाना पटवून दिली.

ऑनलाईन पद्धतीने घेण्यात झालेल्या या सोहळ्यात विविध राज्यातील रसिकांना आस्वाद घेण्याची संधी मिळाल्यामुळे राष्ट्रीय पातळीवर नेण्यांत महाविद्यालय यशस्वी झाले. या सोहळ्यानिमित्त घेण्यांत आलेल्या विविध स्पर्धांचे स्पर्धक आणि स्पर्धकांचे पालकही सहभागी झाले होते.

## शिक्षक दिन : ५ सप्टेंबर २०२०

भारतातच नव्हे तर अखळ्या जगात मार्च २०१९ पासून कोविड १९ च्या अनुषंगाने विविध बंधने घालण्यात आहेत. त्यात महाविद्यालयेही सुटली नाहीत. साथीचा प्रादुर्भाव रोखण्यासाठी महाविद्यालयेही अनिश्चित काळासाठी बंद ठेवण्यात आली होती. महाविद्यालयात विद्यार्थी येऊ शकत नसले तरी 'महाविद्यालय आपल्या दाराशी' ही संकल्पना राबवून अनेक उपक्रम घेण्यात आले. त्यातलाच भाग म्हणून आपल्या गुरुप्रति असणारी कृतज्ञतेची भावना व्यक्त करण्यासाठी दि. ५ सप्टेंबर २०२० रोजी ऑनलाईन पद्धतीने शिक्षक दिन साजरा करण्यात आला. ऑनलाईन पद्धतीने शिक्षण पध्दत विद्यार्थ्यांसाठी नवीन असली तरीसुद्धा या कार्यक्रमात सुमारे पंचेचाळीस विद्यार्थी सहभागी झाले होते.

सुरुवातीला विद्यार्थ्यांनी आपल्याला घडविण्यात ज्या शिक्षकांचा हातभार लागला आहे. त्यांच्या आठवणींना उजाळा देत आयुष्यातील पहिला गुरू म्हणून आईला

असलेले महत्त्व आवजून सांगितले. याप्रसंगी महाविद्यालयाच्या प्राचार्या, डॉ. वैदेही दप्तरदार यांनी आजच्या युवा पिढीच्या शिक्षकांप्रती असलेल्या भावना समजून घेतल्यानंतर प्राचीन काळापासून भारतीय संस्कृतीमध्ये असलेले गुरू शिष्याचे नाते समजावून सांगत असताना द्रोणाचार्य आणि एकलव्यापासून आजच्या पिढीतील क्रिकेटचा महानायक सचिन तेंडुलकर आणि श्री. रमाकांत आचरेकर यांच्यातील गुरूशिष्य नात्याचा 'आदर्श' ठेवत शिक्षकदिनाचे महत्त्व पटवून दिले. याप्रसंगी राज्यशास्त्र विषयाचे प्रा. आत्माराम बांदल यांनी अध्यात्मामध्ये गुरूला असलेले स्थान विशद करून आपल्या जीवनातील आई हा पहिला गुरू असून स्वामी तिन्ही जगाचा आईविना भिकारी असे सांगून विद्यार्थ्यांना मोलाचे मार्गदर्शन केले. या कार्यक्रमाचे सूत्रसंचालन मराठी विषयाचे डॉ. संदीप भेले यांनी केले तर समारोप डॉ. सतीश फराटे यांनी केला.

## यशवंतराव चव्हाण महाराष्ट्र मुक्त विद्यापीठ नाशिक, अभ्यासकेंद्र

शैक्षणिक वर्ष २०००-०१ पासून महाविद्यालयात यशवंतराव चव्हाण महाराष्ट्र मुक्त विद्यापीठ नाशिकचे अभ्यासकेंद्र सुरू आहे. या अभ्यासकेंद्रात बी.ए., बी कॉम, वृत्तपत्रविद्या व जनसंज्ञापन पदविका हे अभ्यासक्रम सुरू आहेत. या अभ्यासकेंद्राचा फायदा परिसरातील अनेक विद्यार्थ्यांना होत आहे. या अभ्यासकेंद्रातून आजवर अनेक पदवी आणि पदविकेचे शिक्षण घेणारे विद्यार्थी सरकारी, निमसरकारी व स्वाजगी क्षेत्रात मोठ्या हुद्दयाची जबाबदारी सांभाळताना दिसतात.

शैक्षणिक वर्ष २०२०-२१ हे वर्ष मात्र कोविड १९ या साधीच्या महामारीने प्रभावित झालेले दिसले. अनेकांच्या नोकऱ्या गेल्यामुळे वरच्या वर्गात प्रवेश घेण्यासाठी पैसे नसल्यामुळे हतबल होऊन अनेक विद्यार्थ्यांना घरी बसावे लागले. यामुळे यावर्षी अभ्यासकेंद्राची संख्या रोडावली होती. अशाही परिस्थितीत ज्या विद्यार्थ्यांनी प्रवेश घेतला, त्यांच्यासाठी ऑनलाईन वर्ग सुरू करून अभ्यासात कुठेही खंड पडू दिला नाही. आजमितीला या अभ्यासकेंद्रावर सुमारे ३७६ विद्यार्थी शिक्षण घेत आहे.

### मराठी भाषा व वाङ्मय मंडळ

आदर्श कला व वाणिज्य महाविद्यालय बदलापूरच्या मराठी भाषा व मंडळाच्या वतीने शैक्षणिक २०२०-२१ वर्षी पुढील कार्यक्रम घेण्यात आले. दि. १६ व २८ जानेवारी २०२१ रोजी मराठी भाषा व मंडळाच्या वतीने मराठी भाषा पंधरवडा दिन साजरा करण्यात आला होता. यात अनुक्रमे दि. १६ जानेवारी रोजी डॉ. श्रध्दा सोमण यांचे व्याख्यान 'मराठी भाषेतील ज्ञानपीठ पुरस्कार विजेते' या विषयावर व्याख्यानाचे आयोजन करण्यात आले होते.

दि. २८ जानेवारी २०२१ रोजी नगरातील व बाहेर गावातील काही मान्यवर कवी तसेच विद्यार्थी यांना निमंत्रित करून कवी संमेलन घेण्यात आले होते.

दि. २७ फेब्रुवारी २०२१ रोजी मा.सौ. यामिनी पानगावकर यांचे 'रावणायन' या विषयावर व्याख्यानाचे आयोजन करून मराठी राजभाषा दिन साजरा करण्यात आला.

### प्रा. डॉ. शामराव शेषाद्री कुलकर्णी यांच्या सेवापूर्तीचा शुभेच्छा समारंभ

पंचवीस वर्षांच्या दीर्घ सेवेनंतर सेवानिवृत्त झालेले, आदर्श कला आणि वाणिज्य महाविद्यालयाच्या अर्थशास्त्र विषयाचे प्रा. डॉ. शामराव शेषाद्री कुलकर्णी, यांच्या सेवापूर्तीचा शुभेच्छा समारंभ दि. ३१ मार्च २०२१ रोजी महाविद्यालयात संपन्न झाला. याप्रसंगी महाविद्यालयाच्या प्राचार्या, डॉ. वैदेही दप्तरदार, सर्व सहकारी शिक्षक तर शिक्षकेतर कर्मचारी प्रत्यक्ष उपस्थित होते.

सेवापूर्ती समारंभाचे सत्कारमूर्ती डॉ. शामराव कुलकर्णी यांच्याप्रती महाविद्यालयातील सर्व शिक्षक यांनी त्यांच्या पंचवीस वर्षांच्या सेवेचा धावता आढावा घेऊन सोबत घालवलेल्या जुन्या आठवणींना उजाळा दिला. तर जीवनातील काही प्रसंगांना स्मरण करत डॉ. शामराव कुलकर्णी या प्रसंगी भावुक झाले होते. 'भविष्यातही आपण अशाच पद्धतीने

कार्यरत राहणार असून पुढील कार्य मात्र सामाजिक व कौटुंबिक जबाबदाऱ्यांकडे विशेष लक्ष देणार' असल्याचे सांगितले.

महाविद्यालयाच्या प्राचार्या, डॉ. वैदेही दप्तरदार यांनी डॉ. शामराव कुलकर्णी यांना महाविद्यालयाच्या वतीने शाल व पुष्पगुच्छ देऊन निरोप देताना, 'ऑफिसच्या वतीने आवश्यक असणाऱ्या सर्व कार्यालयीन बाबी पूर्ण केल्याचे सांगून, त्यांना व त्यांच्या कुटुंबियांना शारीरिक स्वास्थ्य, आरोग्य लाभो!' अशी कामना व्यक्त करून भविष्यासाठी शुभेच्छा दिल्या.

कोविडमुळे प्रत्यक्ष उपस्थित राहू न शकणाऱ्या सहकारी शिक्षकांसाठी विशेष सोय म्हणून सदर समारंभात 'झुम ऑप' या माध्यमाचा वापर करण्यात आला होता. तर शिक्षकेतर कर्मचारी आवर्जून उपस्थित होते.



# महिला दिन २०२१

बदलापूर शहरातील विविध क्षेत्रात कार्य करणाऱ्या कर्तृत्ववान महिलांना मानपत्र, भेटवस्तू, रंगीबेरंगी रोप देऊन मान्यवरांच्या हस्ते सत्कार करण्यात आला आहे.

याप्रसंगी मनोगत व्यक्त करताना महाविद्यालयाच्या प्राचार्या, डॉ. वैदेही दप्तरदार यांनी, स्त्री म्हणजे गुलाबाचं रूप आहे जी काटे असूनही दुसऱ्याला सुगंध देण्याचे काम करत असते' या शब्दात कौतुक केले. 'वर्षभरात पंढरीच्या पांडुरंगाचे दर्शन घेता आले नसले तरी, कोविड योद्ध्यांच्या रूपाने पंढरीच्या पांडुरंगाचे दर्शन सर्वांनाच घराघरांत झाले' असे मत व्यक्त केले. कार्यक्रमाचे समारोपीय मनोगत व्यक्त करताना सहसचिव मा.श्री. पंढरीनाथ बाविस्कर सर यांनी, 'सत्कारमूर्ती यांच्या कार्याचा सुगंध असाच दरवळू द्यावा' असे सांगून सर्वांना महिला दिनाच्या शुभेच्छा देऊन सर्व सत्कारमूर्तींचे कौतुक केले. सर्व सत्कारमूर्तींच्या वतीने डॉ. कल्पना शर्मा यांनी आपल्या भावना व्यक्त केल्या.

स्वतःच्या जीवाची पर्वा न करता आरोग्य क्षेत्रात अहोरात्र कार्यरत राहून मानवतेची पूजा करणारे व 'कोविड योद्धा' म्हणून

ज्यांनी आपली जबाबदारी समर्थपणे सांभाळली, अशा कुळगाव बदलापूर मेडिकल असोसिएशन व विवेकानंद केंद्र बदलापूरच्या होमियोपॅथी तज्ज्ञ, श्रीमती कल्पना शर्मा, कॅ. दुबे रुग्णालय कुळगाव-बदलापूर नगरपालिकेच्या डॉक्टर श्रीमती सुर्वे हरिहरण आचार्य, डॉ. श्रीमती मधुरा शशिकांत दळवी, श्रीमती कविता नारायण वाघमारे, श्रीमती माधुरी शैलेंद्र गोसावी, परिचारिका, श्रीमती योगिता गिरीश सुर्वे याचबरोबर बँकिंग क्षेत्रात सेवा देणाऱ्या जनता कल्याण जनता सहकारी बँक बदलापूरच्या शाखा व्यवस्थापक श्रीमती दिपाली संजय उमरेडकर, बदलापूर राज्या बाहेरील स्थलांतरितांकरिता विशेष मोहीम राबवून त्यांना आपल्या घरी सुखरूप परत जाण्यास मदत करणाऱ्या बदलापूर पूर्व पोलीस स्टेशनच्या महिला पोलीस नाईक श्रीमती वर्षा नितीन कदम या सत्कारमूर्ती म्हणून तर त्यांना शुभेच्छा देण्यासाठी कोविडचे निकष पाळत महाविद्यालयातील शिक्षकेतर सहकारी, आ.वि.प्र. संस्थेचे अध्यक्ष मा. घोरपडे तसचे म.नि. मंडळ अध्यक्ष श्री. केळकर आणि विश्वस्त श्री. आंबवणे या कार्यक्रमास उपस्थित होते.

## Library Report

"One best book is equal to hundred best friends one best friend is equal to a Library"

Dr. A.P. J. Abdul Kalam

Our departments is trying to provide right information to right man at the right time.

**Library Collection:-** Library collection detail are as follows:- (till 31<sup>st</sup> March, 2020)

Sr. No.	Type	Numbers added in this year (2019-20)	Total No. of Books
1	Book Regular	548	21687
	Donation		68
	B.C.Book Bank	399	3375
	SFC Book Bank	00	1855
	Total	1015	28725
2	Periodicals	1	
	(Management Accounting)	69	
3	CD/DVD	4 (EDI)	285
4	News paper	----	16
	(8English, 7Marathi & 1Hindi)		
4	Maps	----	32
5	Bound Volume	----	260
6	Paper Clipping file	-----	08
7	E-Resources	E-Journal	E-Journal 6000+
	E-Books-		1,64,000+
	Thesis/Project	Ph.D Thesis & MRP	10

### Library Activities:-

**Book Exhibition:-** The book exhibition was organized on the occasion of Librarian Day by the library on 12-08-2019 for new entry students. The purpose of book exhibition was to make students aware of various categories of books purchases by college library. Book Exhibition was inaugurated by the Principal Dr. Vaidehi Daptardar & addressed to the students & staff who were present there. Various books include

Encyclopedias, Dictionaries, Biographies, Autobiographies, Novels, World Book, (Competitive Exam. etc. was displayed).

**External Library Membership:-** Library has started External Library Membership for Ex-student and outside reader. External member is issued one book for reading room.

**Online Quiz Competition:-** We organized online quiz competition on "GARJA MAHARASHTRA" on the occasion of Maharashtra Din.

**Database Service:-** Provide E-journals database of E-Resource to research scholars.

**Library Facility:- Reading Room:-** 80 seating arrangement for students. Separate reading room for faculty and research students.

**Book Bank:** Book Bank facility provide to S.C., S.T. & N.T. students under book bank scheme of Student Welfare of University of Mumbai. Every year total 100 to 150 students had taken benefit of this scheme. This year also total 107 students has taken facility.

College also started Book Bank scheme for Self Finance Courses students.

**Library Computerization:-** Library has 5 computer terminals for library process & OPAC service.

We are developing Bar-Code library with Leegan Education Library Management Software. Updating book entry, periodicals entry, CD/DVD's entry etc. Book issue & return work on computer by Bar-Code scanner from last 3 year. Library has developed its blog -

<http://adarshcollegelibrary.blogspot.in>  
for library users. Library information on the blog such as Library collection, resources, activities are provided.

We are grateful to all trustee members, Principal Dr. Vaidehi Daptardar and all teaching staff members for their support in developing Library.

Mr. Laxmikant M. Satpute  
Librarian

Adarsh Vidya Prasarak Sanstha's  
**ADARSH COLLEGE OF ARTS AND COMMERCE**  
Kulgaon-Badlapur, Dist. Thane Pin: 421503

**Department of Library and Information Science  
and  
Internal Quality Assurance Cell**

Report on Online lecture on  
**'Easy Steps towards ICT ' held on 11<sup>th</sup> April 2021**

Department of Library and Information Science and IQAC of Adarsh College jointly organized an online lecture on 'Easy Steps towards ICT' on Sunday the 11<sup>th</sup> April 2021 at 11.00 a.m. on Zoom online platform (Meeting ID: 6098654385 Passcode: library) as an initiative to make understand the students about E-facilities provided by library. During the COVID 19 pandemic situation, it was necessity for students to depend on e-learning. The lecture was arranged to solve the queries of the students while using the library blog as well as to make them aware about ICT services related to the library. It was the purpose to make the students to understand the online library facilities provided by Adarsh College. The lecture was delivered by Mr. Laxmikant Satpute, Librarian, Adarsh College.

The lecture was based on the contents like e-facilities by library, use of QR code for library, use of Telegram group of library. The Government had imposed restrictions on mobility to fight with the pandemic. It was observed that students were facing the difficulties to connect with library. The lecture gave information about use of library blog which is the part of college website. The lecture provided information on how to access and use of library blog. It provided the detailed information about how to access e-journals, e-books, previous years question papers available on library blog. In the lecture the speaker guided the students about the use of INFLIBNET and other tools as source of information.

The lecture was focused on use of ICT while accessing and operating the electronic medium. The library of Adarsh College had formed a Telegram Group to provide necessary updates regarding available resources, information, library related notices. The detailed information was given on the use of QR code for library with examples.

At the end of the lecture, there was question-answer session. Twenty Eight students attended the lecture. The vote of thanks was proposed by Mr. Mandar Thakur, IQAC, Coordinator.

**Mr. Laxmikant Satpute  
Librarian**

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Adarsh Vidya Prasarak Sanstha's  
**ADARSH COLLEGE OF ARTS AND COMMERCE**  
Kulgaon-Badlapur, Dist. Thane Pin: 421503

**Internal Quality Assurance Cell**  
and  
**Department of History**

Report on Online lecture on  
**'Introduction to MOOC's SWAYAM Courses'**  
held on 14<sup>th</sup> April 2021

IQAC and Department of History of Adarsh College jointly organized an online lecture on 'Introduction to MOOC's SWAYAM Courses' on Wednesday the 14<sup>th</sup> April 2021 at 11.00 a.m. on Zoom online platform (Meeting ID: 9809892379 Passcode: 1404) as an initiative to make understand the students about the objectives, process and outcomes of the MOOC's courses available on SWAYAM platform. The lecture was delivered by Mr. Mandar Thakur, Hod History, Adarsh College.

At the beginning of the lecture the concepts of MOOC's – Massive Open Online Course and SWAYAM- Study Webs of Active–Learning for Young Aspiring Minds were explained to the students. The basic objectives of the online courses were discussed. The SWAYAM platform was discussed with comparison of other online platforms. The students were informed about the institutions attached with SWAYAM like UGC, IIT.

The students were informed about various courses under SWAYAM and they were given idea about credit system of SWAYAM courses. The students were given information about the registration process and enrollment for courses on SWAYAM portal.

The examples were given about the online learning through SWAYAM portal. The detailed information was given about daily lectures, video based lectures and weekly tests of a course on SWAYAM portal.

The students were given information about the proctored examination of chosen SWAYAM courses. The lecture also focused on the use of SWAYAM course certificate and its credibility.

At the end of the lecture, there was question-answer session which enhanced the curiosity of the students about SWAYAM courses.

Forty (40) students attended the lecture. The vote of thanks was proposed by Mr. Laxmikant Satpute, librarian Adarsh College.

**Mr. Mandar Thakur**  
**Coordinator IQAC (2020-2021)**

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**ADARSH VIDYA PRASARAK SANSTHA'S**  
**ADARSH COLLEGE OF ARTS AND COMMERCE**  
**KULGAON-BADLAPUR**  
**Organized 4 Days SDP on**  
**BEING ATAMNIRBHAR**  
**Report of Day I**

Day one of the Web Series was started at 10.15 am with the brief introduction of Principal Dr. Vaidehi Daptardar by Dhawani Babaria. Principal madam shared a wonderful motivational video of A. R. Rahman “Hum Har Nhi Manege” with the message that we will win in every condition and appropriate time will definitely come. Then she addressed webinar and thrown light on this current scenario and motivated the students to help others in this pandemic situation by small efforts. She urged students to keep themselves safe, wear the mask and maintain social distancing. Principal madam briefly introduced our guest speaker Ms. Deepali Kulkarni.

**Session of the day:**

**Speaker – Deepali Kulkarni**

**Topic - Etiquettes and E-mail Etiquettes.**

Our guest speaker Deepali Kulkarni gave us wonderful insights on Etiquettes and E-mail Etiquettes.

Madam had an opinion that E-mails are very important part of corporate world and student life. She said that internet has both pros and cons so students should use it very carefully. Madam explained about various free courses for the students from which they can gain plenty knowledge in this pandemic period. Madam said that students can also learn communication skills as English language is very important for every field of employment. She also explained the need of skills to improve the personality of the students.

Madam explained the importance of well-polished resume. Madam said that now a days every document is in the form of E mail and used as record and proof. Her opinion was that one's personality can be reflected through writing of E mail. It is the skill to pass your tone because through personal communication tone can be easily understood but in writing form it is quite difficult. She shown important elements of E mail and stressed on general format of e mail like salutation, brief email, check grammar, return mails etc. She explained how to include lists and

bullets. Madam had an opinion that tone of the mail should be always positive. Address is very essential in a proper way otherwise it will not be delivered. She explained the meaning of Cc, Bcc etc. She explained that subject of the email should be attractive, attachment with a proper caption so that the receiver can save it properly and respond only important emails especially in corporate sector. In case of any problem its better to call the person and solve the problem or make face to face communication is better than email.

The session was followed by Question Answer Session.

Vote of thanks was given by Mr. Sachin Dedhia and was shared information for 2nd day's topic **“Cake Baking and Mask Making”**.

The session was ended at 11.45 A.M.

## **Report of Web Series**

### **Day II**

Day two of the Web Series was started at 9.00 a.m. with a brief introduction of webinar on 'Being Atamnirbhar' by Mr. Sachin Dedhia. Ms. Priyanka Bhamre briefly introduced guest speaker Ms. Diksha Kamdar

#### **Sessions of the day:**

**Speaker – Ms. Diksha Kamdar**

**Topic – Cake Baking**

**Speaker – Ms. Raina R Hinger**

**Topic – Mask Making**

Our guest speaker Ms. Diksha Kamdar gave us wonderful knowledge for Cake Baking. Madam started with variety of cakes which are available in market and how a student can choose this option for their carrier. As in this pandemic situation many people lost their employment so for the new comers it is very interesting to choose the carrier which can be started from their home if they have interest in such business. Many options of learning such activities are available on various social medias.

She started Cake Baking by giving measurements of the ingredients required for Malai Cake. The main ingredients for Malai Cake were Suji Maida sugar and fresh cream. She explained the method to mix all the ingredients in a proper way to bake a spongy cake. She preheated the oven and put the cake for baking.

Between two sessions of cake baking and mask making Principal Dr. Vaidehi Daptardar shared a wonderful motivational video of “Changing Batteries” which give message that we should think for everyone in current situation of the world.

Ms. Diksha Kamdar briefly introduced second guest Ms. Raina Hinger for the next session on mask making.

Ms. Raina started the session with the importance of the mask in this covid scenario where if you want to go outside for any of the purpose you have to wear mask so mask becomes the integral part of the life and it will continue may be for next year also. So, in the series of Being Atamnirbhar one should know how to make a mask so one can make mask for herself or himself and this can be also adopted as a business by the interested students.

Madam started Mask Making with detailed description of cotton cloths and other requirements. She made 3 D mask with the help of needle and thread. She also encouraged students to make mask with her. Many students made mask and show it by wearing mask on their face.

Meanwhile cake was also baked and Diksha Madam show it and garnished cake with almonds.

The session was followed by photo shoot with cake and mask.

The session was ended at 11.30 A.M.

## **Report of Web Series**

### **Day III**

Day three of the Web Series was started with a quick review of previous two days by our co Ordinator Mr. Sachin Dedhia and a short prayer.

Mr. Sachin Dedhia briefly introduced guest speaker Ms. Dhvani Babaria.

#### **Session of the Day:**

**Speaker -- Ms. Dhvani Babaria.**

## **Topic – Online Marketing**

Ms. Dhvani gave us valuable information on Online Marketing. Madam told the importance of online marketing in this pandemic period.

Online Marketing provide a great platform for business. She informed students about various available websites from where online business can start. She guided on types of online marketing one by one like websites, search engine optimization, email marketing, affiliate marketing, influencer marketing, blogging, social media etc. She explained influencing marketing in detail. She took the impact of social media on youngsters. She guided students about starting of online business. She thrown light on guideline for beginners by taking various examples of customers according to age group and gender by knowing the customers, their area, marketing strategies for attracting customers, pricing methods, developing interesting brand story, get the customers to your site by attracting videos on various social medias like You-tube, Face Book, Instagram etc. this all can be done for good customer relations. All these marketing Applications should access on mobile for good publicity. She stressed on various selling and reselling applications which are available in Indian market by giving the example of Meesho application. If the students are interested in side business on online, they can use these sites at primary level. They can start the online business by selling the product to their close friends and relatives. To grow the business, one should also solve the quarries of the customers to satisfy them.

She showed the list of applications for online marketing like Facebook, Twitter, Instagram, WhatsApp, Snap Chat, Meesho, Flip Cart etc.

The session was followed by Question Answer Session.

Vote of thanks was given by Mr. Sachin Dedhia and was shared information for 4<sup>th</sup> day's topic **“Healthy Body in Healthy Mind” (Yoga).**

At the end of the session Principal Dr. Vaidehi Daptardar addressed students about Being Atamnirbhar and shown a short motivational film on ‘Joining Hands’ for children for love and affection and be grateful for the available things in our life.

The session was ended at 9.15 A.M. with National Anthem.

## **Report of Web Series**

## Day IV

Day four of the Web Series was started with a quick review of previous three days by our co Ordinator Mr. Sachin Dedhia and a short prayer.

Ms. Raina R Hinger briefly introduced guest speaker Ms. Diksha Kamdar

### **Session of the Day:**

**Speaker -- Ms. Diksha Kamdar**

**Topic – “Healthy Body in Healthy Mind” (Yoga).**

Ms. Diksha Kamdar our guest speaker started the session with requirements for Yoga. She elaborated the importance of health in this pandemic period where one can improve health by our ancient form of exercise called as Yoga. She explained various types of Yoga, Pranayam, and other types of exercises which students can easily do at their home for improving immunity power which is very much required. She stressed on various Asanas, Mudras, specifically required for health. In this pandemic of covid 19 breathing exercises are also very important to maintain one's immunity.

After explained all the importance of Yoga she moved on practical session and urged the students to do the Yogasanas with her. She started with Surya Namaskar for three times. All the students also performed all the 12 steps of Surya Namaskar. After the warm up she started with Bal Asana, Camel Pose, Bhujangasana, Pawanmuktasana, etc.

After the session on Yoga, she started the session on Pranayam for better Oxygen to strengthen lungs capacity and better immunity. She started with Anulom Vilom, followed by Bhastrika and Kapalbhati.

The session was followed by Question Answer Session.

Ms. Raina R Hinger expressed gratitude to the guest speakers, Principal Dr.Vaidehi Daptardar madam, Co Ordinator Sachin Dedhia Sir, entire team of SFC, all the students and Management of Adarsh college,

The session was ended at 10.00 A.M. with National Anthem.

The webinar Series for four days on Being Atamanirbhar for the SFC students was attended by 80 students.



ADARSH VIDYA PRASARAK SANSTHA'S  
ADARSH COLLEGE OF ARTS AND COMMERCE  
KULGAON-BADLAPUR  
**Report of Webinar**

Nine days Student Development program on “**Stay skilled, Stay Competant**” was organized by Self Financing Department, Adarsh College of Arts And Commerce from **20<sup>th</sup> May to 29<sup>th</sup> May 2021**. The program was broadly classified into three parts namely,

- BEING ATAMNIRBHAR (20<sup>th</sup> to 22<sup>nd</sup> May)
- DEVELOPING SKILLS IN THE DIGITAL ERA (21<sup>st</sup> to 25<sup>th</sup> May)
- PREPARING YOURSELF FOR LABOUR MARKET (26<sup>th</sup> to 29<sup>th</sup> May)

This report is on the “Developing skills in the digital era”.

The “Developing skills in the digital era” was a four day programme in which four different speakers participated and enlightened the students on various aspects of developing skills in the digital era.

**Date: 21<sup>st</sup> May 2021**

**Topic: Skills to succeed in digital era**

**Speaker: Mr. Sachin Dedhia**

**Time: 10:00 am**

Ms. Dhvani Bhabaria welcomed the students and acknowledged the beginning of Part II of the webinar series “Developing skills in the digital era”. She explained the meaning, importance and types of skills.

Principal Vaidehi Daptardar took over Ms. Dhvani Bhabaria and introduced the speaker Mr. Sachin Dedhia- co-ordinator of Self Financing Courses of the college. She explained the importance of the various skills portrayed by Mr. Sachin Dedhia as a Co-ordinator such as Co-ordination, Leadership and Team work, Team building and handed over the session to the speaker.

Mr. Sachin Dedhia speaker of the session gave a wonderful insight on various skills required in the digital era. He started with importance of learning how to learn and developing core skills due to unpredictable career paths.

He emphasized on the importance of preparing for oneself, working closely with the machines and being creative.

He also explained the triangle of success- Skills, Attitude and Knowledge. He further added and mentioned about discovering new talents that lie within oneself.

He concluded the session with 21<sup>st</sup> Century skills which include:

- Learning and innovation skills
- Information and media skills
- Life and career skills

**Date: 22<sup>nd</sup> May 2021**

**Topic: What makes life complete?**

**Speaker: Mrs. Priyanka Bhambere**

**Time: 10:00 am**

Mr. Sachin Dedhia welcomed the Principal Vaidehi Daptardar, Staff Members and students. Principal ma'am greeted the students with short animation film "Piper".

Mr. Sachin Dedhia briefly introduced the speaker Priyanka Bhambere.

Priyanka Ma'am began a session showing students a picture of "light bulb" asking what it stands for?

She elaborated on students answers and explained it stands for "Creativity".

She introduced the session and illustrated the objectives of the session which were to understand the digital era, what is creativity and understand how creativity can help gain success.

She briefly explained the meaning of digital era, creativity.

She further gave an example of 'Phool' which is world's first profitable and lean solution to temple waste.

She then talked about the famous youtuber – 'Nikunj Lotia- Beyounick'

She also spoke about 'the uncreative story of Nokia' which failed despite having a market share of 60% at one point.

She concluded the session with techniques to be creative.

**Date : 24<sup>th</sup> May 2021**

**Topic: Skill development- Personal excellence**

**Speaker: Ms. Dhvani Bhabaria**

**Time: 10:00 am**

Ms. Raina Hinger briefly introduced the speaker Dhvani Bhabaria and welcomed Principal Ma'am and students

Principal Vaidehi Daptardar greeted the students with short film which gave the students the wonderful knowledge on life skill.

Ms. Dhvani Bhabaria began the session with explaining the meaning of skills and what is skill development. She also explained the two types of skills: soft skills and hard skills.

Hard skills are easy to quantify and soft skills are also known as interpersonal skills.

She further explained the 7 Personal core skills required which were: Leadership skills, Communication skills, Problem solving skills, Decision making skills, Presentation skills, Management skills, Writing skills.

She further explained how to start developing skills with starting to learn core skills, breaking the skills into little steps, learn from the best, do research, attend trainings and take action.

She then took the session towards another pillar- personal excellence and explained it's different dimensions which include- Discipline; Commitment; Emotional control; Attitude and focus; Belief and courage; Calmness and destruction control; Self Evaluation.

She also explained different steps in achieving personal excellence.

She concluded the session with 10 'A's of personal excellence-

1. Awareness
2. Attitude
3. Action
4. Ability
5. Aim
6. Adaptability
7. Affability
8. Accountability
9. Achievement
10. Appreciation

**Date: 25<sup>th</sup> May 2021**

**Topic: Transactional analysis**

**Speaker: Daksha Halkare**

**Time: 10:00 am**

Mr. Sachin Dedhia briefly introduced the speaker Daksha Halkare.

Mrs. Daksha Halkare began the session with famous quotes by Peter Drucker- "**The most important thing in conversation is hearing ,what isn't said**" and explained the importance of communication. She introduced the topic " Transactional Analysis" and explained the theory of transactional analysis by Eric Berne. She explained Transactional Analysis is a theory on personality, a model of communication which studies the pattern in repetitive behaviour.

She further explained the three Ego States-

1. Parent Ego State
2. Adult Ego State
3. Child Ego State

She also elaborated on the types of social transactions:

1. Complementary transaction.(PP,AA,PA,CC)
2. Crossed Transactions PC,AC- Hurting feelings and creating conflicts.
3. Ulterior Transactions-complex-double meaning

She concluded the session with the benefits of Transactional analysis.

## Principal. Dr. Vaidehi Daptardar

## • Awards:

1. Best Speaker Award by Global Witty Foundation. (11 April 2021)
2. The Best Team Performance Award 2020 IMCRBNQA
3. Elected unopposed as the Director 'Kalyan Janata Sahakari Bank, For 2020-2025.

## • Invitations honored as Resource Person:

1. Delivered a Speech at Chhatrapati Shivaji Shikshan Mandal's Arts and Commerce College, on 'Covid-19: Challenges & Opportunities in Higher Education' 2nd June 2020 Vaduj, Tal. Khatav, Satara
2. Delivered a Speech at S. K. Patil Sindhudurga College at One day National Webinar on 'Comparative Advantage to India in Post Pandemic Period'. 11th June 2020

## • Presentation of Papers:

1. Presented Online Paper on "Enui in Education in All India Principals' Conference Peace University, Pune 5-6 March 2021.
2. Presented Online Paper at Bhausahab Nene College, Pen, Raigad on 'Scenario of Higher Education After Lockdown' 29th April 2020 & Secured First Prize for Presentation.
3. Presented Paper at national Webinar organized by Sonubhau Baswant College of Arts & Commerce, Shahapur on "Covid-19: Impact on Indian Economy"- 2nd May 2020.

## • Faculty Development Programs Completed:

1. Successfully completed with 89% A+ Grade, Advanced Two Weeks Faculty Development Programme on 'ADVANCED CONCEPTS FOR DEVELOPING MOOCS' from 18th May to 2nd June, 2020 organized by Teaching and learning Centre, Ramanujan College, University of Delhi sponsored by Ministry of Human Resource Development, PMMMNMTT.
2. Completed Five Days FDP in 'Digital & Online Teaching' from 30th May to 3rd June

2020; organised by Dnyansadhana College, Thane

3. 'NAAC: Systematic Data Organization and Presentation' evening 16th May to 18th 2020 3 Days Workshop; organized by Vidyalankar Institute of Technology.
4. 'Need of e-content Development in Education' 3 Days Workshop Day Timing 16th May 2020; organised by D. G. Tatkare Arts & Commerce College, Tala, Raigad
5. 'Effective Ways to Develop E-Content' 9th to 13th May 2020; 5 Days Workshop; organized by Smt. Devkibai Mohansinhji Chauhan College of Commerce and Science

## • Participation in Webinars :

1. Mumbai University and College Teachers Association (MUCTA) on 'Role of Teachers in Post Covid' 30th April 2020
2. Indian Institute of Digital Education Online Teaching Master class- Principals Exclusive 24th April 2020
3. St. Xavier's College (Autonomous) Mumbai Changing Role of Principals 23rd May 2020
4. Dr. M. K. Umathe College, Nagpur, Dharampeth M. P. Deo memorial Science College, Nagpur "Covid-19 Impact on Society" 23rd May 2020

## • Participation in Quiz :

1. Rizvi College of Arts, Science and Commerce, Bandra, Mumbai Corona virus (Covid-19) Awareness quiz Programme 26th April 2020
2. Adarsh College of Arts & Commerce, Kulgaon-Badlapur "Garja Maharashtra" 30th April 2020
3. Sonubhau Baswant College of Arts & Commerce, Shahapur COVID-19 General Awareness Programme Quiz 23th April 2020
4. Guru Nank College of Arts, Science and Commerce, Mumbai "Corona Covid-19 Awareness Campaign" Quiz Apr-20
5. Thakur College of Science and Commerce,

- Covid-19 Pandemic Quiz Apr-20
6. Matushri Kanbal Lalbal & Motibal Kanyashala Jihu, Mumbai Awareness Programme" Quiz Apr-20 B. L. Amlani College of Commerce, Mumbai
  7. Keraleeya Samajam (Regd.) Dombivli's College (Autonomous) "Mother Earth" Quiz 22nd May 2020
  8. K.V. Pendharkar College of Arts, Science and Commerce, Dombivali "Biodiversity Awareness Quiz" 22nd May 2020
  9. Nirmala Memorial Foundation College of Commerce & Science, Kandivli Covid-19 Awareness Programme 8th May 2020

10. Vanita Vishram Wmen's College of Commerce, Surat "National Level Quiz Competition on Covid-19" 4th May 2020
11. J.W. Sadhubela Girls, Ulhasnagar "World Environmental Day" Quiz 5th June 2020
12. "Mother Earth" 22nd May 2020 Dr. M. K. Umathe College, Nagpur

• **Conduction of Certificate Course:**

Designed and Conducteda Certificate Course conducted for Staff Academic Forum on 'Online Teaching- Learning ' from 8th June to 20th June 2020 for the teachers of Adarsh College, Badlapur.

## Dr. Sangeeta Pande

• **Attended Workshops:**

Attended ten day Yoga Online Workshop on 'Healthy body and Healthy mind' organized by B. K. Birla College, Kalyan from 22nd June to 1st July 2020 (1W)

• **Invitation for Webinar**

Invited as a resource person for the National webinar on 'Redefining Gender Roles and Norms: Impact of COVID-19' by Bharat College, Badlapur held on 30th May 2020

• **Participation in Online Webinars :**

1. Two day National level online conference on 'The study of Anumana in Indian Logic' organized by Department of Philosophy, R.S Mundle Dharampeth Arts & Commerce College Nagpur on 8th and 9th June 2020 (INC)
2. Attended Two day National level E-Conference on 'Rationalism in Indian Philosophy' organized by Mudhoji College, Phaltan on 29th & 30th June 2020 (INC)
3. Participated in National Webinar on 'Post Corona Culture and Women' on 15th June

2020 organized by University of Mumbai – Department of Philosophy (INS)

4. Attended three day webinar on 'New Age Tools for teaching online' from 28th June to 30th June 2020, organized by Academistan (INS)-C
5. Participated in one day webinar on 'Career in Financial Planning' held on 22nd June 2020 by Adarsh College of Arts and Commerce (I R S)
6. Attended two days national webinar on 'Yogic & Naturopathic Remedies to Save Humanity from Covid-19 Pandemic' held on 26th & 27th June 2020 organized by M. J. College Jalgaon (INS)

• **Participation in Quiz :**

1. Attended one day national level quiz on Yoga, organised by SIES College Sion
2. Participated in the Quiz on World Environment Day organised by Adarsh College of Arts and Commerce college

• **Faculty Development Program :**

1. Participated in two days National FDP on 'An effective E-Content Development tools' held



- on 29th -30th July 2020 2020 organized by SPM Arts and Commerce College, Chikhli, Buldhana (1FDP) c
2. Successfully completed faculty development Program in Advanced Two Weeks Faculty Development Programme on "ADVANCED CONCEPTS FOR DEVELOPING MOOCS" from July 02 - July 17, 2020 organised by

Teaching and learning Centre, Ramanujan College, University of Delhi sponsored by Ministry of Human Resource Development, Pandit Madan Mohan Malviya National Mission on Teachers and Teaching (FDP)

3. Completed Certificate course conducted by Staff Academic Forum on 'Online Teaching-Learning' from 8th June to 20th June 2020.

## Dr. Satish Pharate

### • Participation in Webinars:-

1. 'How to be an Effective Online Teacher' Webinar organized by Patkar & Varde College, Goregaon Speaker – Dr. Ajay K Singh (V C of SS University, Oddisha)
2. Organized Webinar on 'Career in Financial Planning' by Adarsh College in association with Financial Planning Academy
3. 'Banks, NBFCs & Capital Markets' International Webinar organized by Jai Hind College
4. 'Future of Financial Planning as a Profession in India' organized by Financial Planning Academy, Mumbai
5. 'Crisis and Financial Planning' webinar organized by KRM Mahila Mahavidyalaya, Nanded
6. 'Nature to Nurture & Nurturing of Nature' Webinar organized by RKT College, Ulhasnagar Speaker Mr. Uday Kotwal, BM Syndicate of KJS Bank, Kalyan
7. 'Financial Statements & Economy amidst Covid 19 Pandemic' organized by Jai Hind College, Mumbai
8. 'Chinese Aggression: Facts & Focus' organized by Adarsh College, Badlapur
9. 'Teaching of Bhagwadgita in Contemporary World' organized by Adarsh College, Badlapur
10. Two Day Webinar organized by K G Joshi & N G Bedekar College, Thane

### • Participation in FDPs:-

1. 'Five Days Capacity Building Program' organized by Commerce Department of Mumbai University (5 Days)
2. Certificate Program organized by Staff Academic Forum of Adarsh College of Arts & Commerce, Badlapur
3. '12 Days Online Income Tax Certification Course' organized by Study Café, New Delhi (2/7/2020 to 14/7/2020) Daily 6.30 to 8.30 pm.
4. Five Days Certification Course on important aspects of Companies Act, 2013 organized by Studycafe, New Delhi
5. 27-7-2020 to 2-8-2020 FDP Educators CoDE organised by Bharat College, Badlapur (7 Days FDP)
6. 'Effective Marketing Strategies including digital amidst Pandemic' National FDP organized by Babasaheb Institute of Management Studies, Mumbai

*"If you define the problem correctly, you almost have the Solution."*

*- Steve Jobs*